

HUMAN LIFE PROJECT[®] LIFE DIAGRAM

First Name:

Age:

City/State:

Date:

Very Happy

Happy

Sad

Very Sad

Age

0

1

2

3

4

5

6

7

8

9

We are each a unique human life project.

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What is a life diagram? A life diagram is a graphic snapshot of the most important days and events in your life.

Directions to make your life diagram:

1. Draw a picture in each circle of the most important events or days in your life
2. Cut out circles and organize by age
3. Place circles on life diagram chart, either above middle orange line for happy event or below line for sad event
4. Move circles towards the top for very happy experience or to the bottom for very sad or fearful event
5. Now finish by pasting or taping all circles on the life diagram chart
6. Optional: take a picture or scan life diagram and e-mail to Human Life Project for research

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